



# BEHAVIOR LOG

**Two easy steps:**

1. Fill in the skill or behavior for each column (e.g., communication, waiting, tantrum, appropriate play, followed direction, completed academic task)
2. Document how often or how long the behavior occurs each day. For example, 4x/hr or 45 minutes.

Week of:	Skill/Behavior:	Skill/Behavior:	Skill/Behavior:	Skill/Behavior:
Monday				
Tuesday				
Wednesday				
Thursday				
Friday				
Saturday				
Sunday				
<b>Total</b>				

Autism New Jersey’s 800.4.AUTISM Helpline is available to help you learn more about data collection methods that are right for you and your family.