



TELEHEALTH UPDATES FROM HORIZON

Updated: 4/2/2020

Autism New Jersey has been in contact with representatives from Horizon and although we don't currently have an official document from them that outlines their guidance on the use of telehealth services, they have provided us with the following information:

- Telehealth is covered for ABA members but ONLY for Commercial plans. All Commercial members have both in network and out of network telehealth coverage – this includes fully insured and Administrative Service Only (ASO) members. **NOTE:** Not all members have the telehealth benefit through Horizon's online telemedicine service, HorizonCareOnline (American Well).
- Providers must use their clinical judgement about the appropriateness and effectiveness of using telehealth to deliver ABA services based on knowledge of each member's specific clinical needs. This applies to all ABA CPT and HCPC codes.
- Direct ABA treatment rendered via telehealth must be synchronous in nature.
- Current authorizations can be used for telehealth services. If additional units outside of your current authorizations are needed, please contact Horizon Behavioral Health at 800.626.2212
- Horizon has waived all member's cost share, which includes deductibles, co-insurance and co-payments, for fully insured members for in network providers. Providers will be paid their full allowance for the CPT billed and there will be zero patient responsibility. **ASO employer groups have the option of waiving the cost share (SHBP has agreed to waive them).**
- Billing codes would be the **same** but be sure to include GT or 95 modifier which indicates TH. Please consult with your biller regarding the modifier. Our system is not set up for POS 02
- No **additional** approvals needed for Telehealth
- You may use ANY HIPPA compliant software. You may also use Skype, FaceTime, or What's App
- The member's cost share is not waived for out of network providers
- For BlueCard plans, contact member's home plan directly
- Horizon update on telephonic care: [Providing telephonic care with no costs to members](#)
- The following email address goes to multiple team members to help providers get quick answers to questions: BHNetworkrelations@horizonblue.com