**Understanding and Improving Challenging Behavior**

10:00am to 12:00pm

Understanding why a challenging behavior is occurring is crucial to developing a plan to address it. Participants will learn about identifying common functions of challenging behaviors, implementing strategies for preventing and changing behaviors, and monitoring progress. Learn a 7-step plan involving proactive steps that can be taken to teach more appropriate behaviors and significantly improve the quality of life of those you support.

**Transition to Adulthood**

1:00pm to 3:00pm

Parents often describe transitioning to adulthood as “falling off a cliff.” In order to prepare for the landscape of adult service systems, a plan for transitioning should begin in the high school years. Knowledge of the adult service systems and the requirements for eligibility can aid in preparations. This workshop demonstrates effective transition planning as part of the IEP process and also describes the landscape of adult services.

**Presented by:** Stephanie Flamini, BCaBA, *Education & Training Clinical Coordinator* and Claire Wieczerak, MSW, *Information Services Coordinator, Autism New Jersey*

**Hosted by:** Middlesex Family Support Organization

**Thursday, March 12, 2020**

**Greenway Family Success Center, 537 New Brunswick Ave, Fords, NJ 08863**

*This workshop is free, but registration is required.*

Please register by March 1st

To register: Please email Lavern Francis lfrancis@middlesexfso.org or call 732.697.8650.